

# Learn REIKI now!

Usui Reiki I  
Sunday Aug 19 9:30a - 3p  
Class size is limited \$120  
Ashland, Oregon



Healer, Author and Teacher  
**Shellee Rae**

- Reiki is a gentle, hands-on healing technique. Hands are placed on the body allowing “Universal Life-Force Energy” to flow
- Reiki is an ancient and natural healing modality that was rediscovered in modern times by Dr. Mikao Usui
- Reiki can be helpful in pain and stress relief
- Reiki has been known to cure the ‘incurable’ and to boost the immune system
- Reiki is not limited to humans; plants and animals can benefit from this amazing healing energy

**Registration 541-482-0420**